

The effect of the COMT val¹⁵⁸met polymorphism on neural correlates of semantic verbal fluency

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Abstract Variation in the val¹⁵⁸met polymorphism of the COMT gene has been found to be associated with cognitive performance. In functional neuroimaging studies, this dysfunction has been linked to signal changes in prefrontal areas. Given the complex modulation and functional heterogeneity of frontal lobe systems, further specification of COMT gene-related phenotypes differing in prefrontally mediated cognitive performance are of major interest. Eighty healthy individuals (54 men, 26 women; mean age 23.3 years) performed an overt semantic verbal fluency task while brain activation was measured with functional

magnetic resonance imaging (fMRI). COMT val¹⁵⁸met genotype was determined and correlated with brain activation measured with fMRI during the task. Although there were no differences in performance, brain activation in the left inferior frontal gyrus [Brodmann area 10] was positively correlated with the number of val alleles in the COMT gene. COMT val¹⁵⁸met status modulates brain activation during the language production on a semantic level in an area related to executive functions.

Keywords COMT · fMRI · Verbal fluency · Inferior frontal gyrus · BA 10

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Introduction

A functional polymorphism in the human catechol-O-methyltransferase gene (COMT, located at 22q11.1-q11.2) has a significant influence on cognition [43, 45]. This polymorphism (G→A) at codon 158 results in a substitution of methionine to valine. Owing to the higher enzymatic activity caused by the val allele, lower levels of extracellular dopamine are found, while the opposite is true for the met allele. Because the alleles are codominant, heterozygous carriers have intermediate levels of COMT activity. High COMT activity leads to a hypodopaminergic state; low COMT activity has the opposite effect.

A number of studies have shown that the met allele is beneficial in cognitive tasks that rely on prefrontal cortical activity (e.g. [43, 45]). In addition, it has been found that this specific single nucleotide polymorphism (SNP) has a significant influence on brain activation during a number of different tasks, such as memory encoding [5], perceptual processing of faces [13] and sentence completion [29]. The met/met genotype has further been associated with the

better performance in the N-Back Task [16] as well as in the Wisconsin Card Sorting Test (WCST) [27, 38]. Further effects have been reported on executive functioning and personality traits [41]. Effects of the COMT val¹⁵⁸met polymorphism have also been found for functional connectivity in a memory processing task [5] in healthy individuals and brain volume in relatives of patients with schizophrenia [29]. Functional connectivity between the hippocampal formation and the ventrolateral prefrontal cortex decreases with the number of met alleles [5] resulting in better performance for met/met allele carriers and with decreased levels of gray matter density with increasing number of val alleles [29]. Several studies imply that increasing (pre)frontal levels of dopamine could lead to better performance in working memory tasks (e.g. [4, 28]), and healthy homozygous val allele carriers could benefit from amphetamine [28].

Recent studies suggest that the val allele contributes to poorer cognitive function in healthy individuals [1] as well as in schizophrenia spectrum disorders [14, 32]. Because of its association with cognitive function in these groups, COMT has been suggested as playing a role in the etiology of schizophrenia (e.g. [15, 26, 50]); however, recent studies have questioned this association [33, 39, 49].

Given the complex modulation and functional heterogeneity of frontal lobe systems, further specification of COMT gene-related phenotypes differing in prefrontally mediated cognitive performance are of major interest. So far, little is known about the exact dopaminergic modulation of the processes during semantic verbal fluency tasks. It seems that COMT genotype has no influence on a behavioral level (for a meta-analysis see [2]) even though it could be shown that this domain relies on prefrontal brain areas (e.g. [3, 10, 17, 48]). These areas are also activated differentially in patients with schizophrenia when compared with healthy subjects (e.g. [40]). However, while several studies on the effect of COMT genotype on neural correlates of working memory have emerged [5, 29–31], no studies have been conducted with regard to semantic verbal fluency. Thus, it is of interest to study effects of COMT genotype on neural activation during semantic verbal fluency.

In this study, the effect of COMT genotype on performance in a verbal fluency task and its neural correlates was investigated. As a first step, healthy individuals were studied to establish results unbiased from psychopathology usually found in patients. Based on the previous findings that the COMT val¹⁵⁸met genotype has an impact on prefrontal cortical dopamine signaling, we hypothesized that carriers of the homozygous val allele have increased prefrontal activation in order to compensate for slightly impaired performance.

Materials and methods

Subjects

This sample is a subsample of [41]. Subjects were recruited at RWTH Aachen University; the majority of them (90%) were students. Eighty-five subjects were enrolled into the study. However, five subjects had to be excluded due to reasons given below. Resulting subjects were 80 individuals (54 men, 26 women). The inclusion criteria were age 18–55 years and no psychiatric disorder according to ICD-10 past or present. The subjects had a mean age of 23.3 years (SD = 3.0), were all right handed (as tested with the Edinburgh Laterality Scale [34]) and had 15.7 (2.6) years of education. The German MWT-B multiple choice vocabulary test [24] was used as assessment as an estimate for verbal intelligence. All subjects were of German descent and native German speakers. After a complete description of the procedure subjects provided written informed consent to participate in the study. The protocol was approved by the local ethics committee according to the declaration of Helsinki. After participants provided consent, the cognitive tests and fMRI were assessed. Subjects for fMRI scanning were randomly selected on availability, eligibility for the scanning procedure and to have enough subjects in each cell. This is the reason why genotype distribution is not in HWE in this subsample. Characteristics of this sample are given in Table 1.

Genotyping

Genomic DNA was isolated from peripheral lymphocytes by a simple salting-out procedure. COMT val¹⁵⁸met genotypes were determined using restriction-fragment length polymorphism as previously described [27]. A 109-base pair polymerase chain reaction (PCR) product was generated in 40 cycles with an annealing temperature of 50°C by using primers Comt1 nt 1881 5'-CTCATCAC CATCGAGAGATCAA-3' and Comt2 nt 1989 5'-CCAG GTCTGACAACGGGTCA-3'²². The val¹⁵⁸ and met¹⁵⁸ alleles were discriminated by digesting the PCR product with *Nla*III at 37°C for 4 h, followed by a native 10% polyacrylamide gel electrophoresis. The val¹⁵⁸ homozygotes (86 and 23 base pairs), met¹⁵⁸ homozygotes (68 and 18 base pairs) and val¹⁵⁸met heterozygotes (86, 68, 23 and 18 base pairs) were visualized by silver staining.

fMRI task

Task and stimuli

Stimuli were presented with Presentation software package (Neurobehavioral Systems Inc., San Francisco, CA). This

Table 1 Sociodemographic data, standard deviations in parentheses ($n = 80$)

Variable	COMT genotype			<i>F</i>	<i>P</i>
	met/met ($n = 31$)	val/met ($n = 26$)	val/val ($n = 23$)		
Sex ratio (men/women)	24/7	14/12	16/7	$\chi = 3.64$	0.22
Age	23.7 (3.6)	22.4 (2.4)	23.7 (2.6)	1.8	0.16
Education	16.0 (3.0)	15.1 (1.8)	16.0 (2.7)	1.0	0.32
Estimated verbal IQ	110.9 (13.2)	115.1 (10.7)	109.8 (13.2)	1.3	0.27

semantic verbal fluency task used a block design with two alternating conditions: subjects had to read aloud single German nouns presented to them (high-level baseline condition) or, in response to a German noun, they had to name one member of the category this noun represented (e.g. say “dog” when the word “animal” was presented; semantic verbal fluency condition). There were four blocks for each condition. At the beginning of each block, an instruction slide was shown for 2,000 ms (semantic verbal fluency: “generate a category member”; baseline: “read the word”). Then, a fixation cross appeared in the center of the screen for 500 ms that was followed by the stimulus word for 3,000 ms. Subjects were required to respond within this time frame. Each block consisted of 10 stimuli with duration of 34 s each. In sum, subjects had to generate 40 words. The appearance of the #-symbol for 6,000 ms indicated the end of each block. Words were presented in white color on a black background and recorded for later analysis. The task has been used previously in other studies of ours successfully [19, 48].

Data acquisition

Imaging was performed on a 3-T Tim Trio MR scanner (Siemens Medical Systems) in the Institute of Neuroscience and Biophysics, Medicine, Research Centre Jülich. Functional images were collected with echo-planar imaging (EPI) sensitive to BOLD contrast ($T2^*$, 64×64 matrix, FoV 200×200 mm, 36 slices, 3 mm thickness, TR = 2.25 s, TE = 30 ms, flipangle = 90°). Slices covered the whole brain and were positioned trans-axially parallel to the anterior–posterior commissural line (AC–PC). One hundred and fifty-seven functional images were collected, and the initial three images excluded from further analysis in order to remove the influence of T1 stabilization effects.

Data analyses

Because there were sufficient data in all three groups, statistical analyses of genotype effects in the behavioral as well as fMRI data were performed in accordance with

a codominant model (regression analysis), thus checking if the number of val alleles influences brain activation. Recorded speech of all subjects was analyzed. This procedure was used to assure correct task adherence and to have a behavioral index of performance. Five subjects had to be excluded from further analyses for not following instructions correctly. They did not name category members but freely associated about the word stimuli, thus potentially having a different neural activation pattern due to performing a different task [19, 48].

fMRI data analysis

FMRI data analyses were calculated using SPM5 (www.fil.ion.ucl.ac.uk/spm/). After realignment, unwarping and stereotaxic normalization ($2 \times 2 \times 2$ mm), a 6 mm full-width-at-half-maximum (FWHM) Gaussian smoothing kernel was applied to increase the signal-to-noise ratio and compensate for inter-subject anatomic variation. The volume of interest was restricted to gray matter voxels by the use of an inclusive mask created from the segmentation of the standard brain template (SPM2).

Semantic verbal fluency related brain activation was analyzed for each subject contrasting the semantic verbal fluency condition with high-level baseline. In a first step, a one sample t test was calculated for the whole sample ($n = 80$) to investigate general semantic verbal fluency activation. To investigate genotype effects, resulting contrasts were entered in a multiple regression using genotype as a covariate. The multiple regressions were calculated both ways in order to detect increasing brain activation depending on increasing number of val alleles or met alleles. In order to correct for multiple comparisons within a search volume, we applied a cluster extent threshold determined by Monte Carlo simulations [42]. For a threshold at the voxel level at $P = 0.005$ and spatial properties as present in this study, 10,000 simulations resulted in an extent threshold of 33 resampled voxels. This procedure prevented a false-positive rate above 5% due to multiple testing. Brain activations were plotted on the anatomical SPM template.

Results

Genetic analysis

Distribution of COMT val¹⁵⁸met genotypes was 31 with met/met genotype (24 male), 26 with val/met genotype (14 male) and 23 with val/val genotype (16 male). The resulting groups and variables are displayed in Table 1.

Behavioral data

Data were analyzed and checked for errors in the semantic verbal fluency task. Mean error rates for the three groups were 3.5 (SD = 2.2) for met/met status, 3.9 (2.9) for val/met status and 3.8 (2.9) for val/val status. There was no significant influence of genotype on errors ($F_{2,77} = 0.13$, $P = 0.87$).

fMRI data

Because we used an overt semantic fluency task that could lead to head movement, realignment parameters were checked for each subject. All subjects had tolerable head movement smaller than one voxel size, similar to previous reports [19].

The fMRI group analysis ($n = 80$) of the contrast “semantic verbal fluency” > “reading aloud” revealed activations in the left inferior frontal gyrus (BA 47), left middle temporal gyrus (BA19), and the cingulate gyrus (BA 24). Activated regions are listed in Table 2.

Regression analyses revealed a linear effect of val alleles in the left inferior frontal gyrus (Brodmann Area 10) for the contrast “semantic verbal fluency” > “reading

aloud” (see Fig. 1). The peak voxel was located at $x = -46$, $y = 45$, $z = -2$ (Talairach and Tournoux atlas space [44], $t = 4.28$, $p = 0.001$, $R^2 = 0.133$). The corresponding cluster consisted of 45 voxels.

In order to test for the opposite linear effects (increase in activation), regression analyses were calculated using the number of met alleles as covariate. No increasing brain activation with respect to an increasing number of met alleles was observed.

Discussion

In the present study, we investigated the effect of COMT on the neural correlates of semantic verbal fluency in a large sample of healthy subjects. We found an increase in brain activity in the left inferior frontal gyrus (IFG, BA 10) with the number of val alleles.

BA 10 has consistently been shown to be involved in working memory tasks such as the Continuous Performance Test (CPT) [23, 25, 35, 37, 47]) and other tasks such as explicit processing of internal states (for a comprehensive review, see [11]), some aspects of memory retrieval [46], branching and reallocation of attention [7, 20, 21], prospective memory [8, 9] and relational integration [12, 22], as reviewed for example by Ramnani and Owen [36]. This region is involved when tasks require more than one specific cognitive process. Our semantic fluency task is an example of such a situation since in order to successfully perform this task it is necessary to understand the category that is being presented, find candidate members of this category and monitor for possible errors while selecting an appropriate response while at the same time, the category

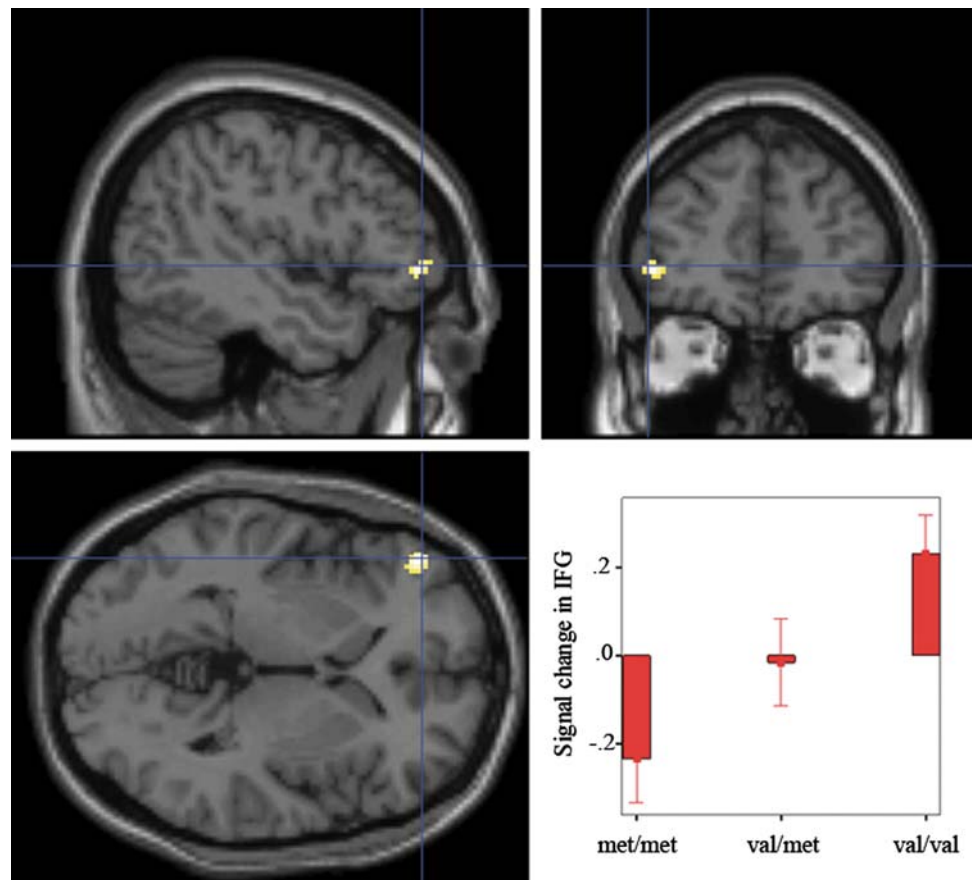
Table 2 Brain activation for the contrast “semantic verbal fluency” > “reading aloud” for the whole fMRI sample ($n = 80$), $P = 0.05$ corr., cluster extend 20 voxels

Region	Side	BA	x	y	z	k_E	Max. SPM (T)
Middle temporal gyrus	L	19	−30	−56	14	63	7.20
Parahippocampal gyrus	L	37	−36	−39	−1	55	6.85
Hypothalamus	R	–	4	−6	−5	21	6.58
Inferior frontal gyrus	L	47	−28	21	−4	23	5.54
Cingulate gyrus	L	24	−8	21	41	32	5.34
“Reading aloud” > “semantic verbal fluency”							
Putamen	L	–	−14	9	−11	428	15.98
Anterior cingulate	R	25	6	13	−7	341	15.76
Transverse temporal gyrus	L	42	−57	−13	12	1,293	13.39
Transverse temporal gyrus	R	42	59	−13	8	300	12.39
Inferior temporal gyrus	L	37	−45	−66	0	38	11.89
Middle temporal gyrus	R	39	46	−74	28	62	11.26

Coordinates are listed in Talairach and Tournoux atlas space [44]

BA the Brodmann area nearest to the coordinate and should be considered approximate

Fig. 1 Regression analysis of BOLD response (COMT met/met < val/met < val/val) for “semantic verbal fluency” > “reading aloud”. During semantic verbal fluency versus reading BOLD response increased with the number of val alleles of the COMT gene in a linear fashion ($P < 0.005$, corrected by Monte Carlo simulations; cluster extend = 33 voxels). Cluster size = 45 voxels. *Bottom right* shows the parameter estimates, *error bars* represent standard mean error



has to be kept in working memory. This interpretation is supported by a number of previous functional imaging semantic verbal fluency studies, showing the involvement of this region in the task [3, 17, 48].

The influence of the val alleles on neural hyperactivations especially in frontal and prefrontal areas has been found in several studies (e.g. [18, 29, 45]). The increased activation that correlates with the increasing number of val alleles has been linked to the effects of changes in dopamine levels on the selectivity of information processing within the prefrontal cortex [6].

The linear activation increase in BA 10 with increasing number of val alleles suggests that performance in this verbal fluency task may at least in part depend on a brain area related to working memory, although (pre)frontal areas such as BA 10 have been found to be involved in verbal fluency tasks that might depend less on working memory. Our study shows implications of COMT for frontal activation in tasks other than just working memory tasks, and thus it seems that COMT influences a variety of cognitive processes that are related to the frontal lobe. As a hypothetical clinical implication, these findings might imply that patients with homozygous val alleles might

benefit from pharmacologically enhanced prefrontal dopamine levels.

As these results were obtained in healthy individuals, semantic verbal fluency seems to be modulated by prefrontal levels of dopamine. This finding expands on earlier results (focusing on working memory [5, 16, 29–31]). A limitation is that our sample mainly consisted of university students. This makes generalizations on a population level more difficult, so they should be confirmed in independent samples. On the other hand, the sample is very homogenous in terms of general cognitive abilities and age.

Conclusion

In summary, we found a linear effect of COMT on brain activation during a semantic verbal fluency task in the left inferior frontal gyrus (BA 10) in a large group of healthy volunteers. The increase in BOLD response was correlated with the number of val alleles. The data point to an influence of COMT onto brain activation during semantic verbal fluency in a region that reflects executive function

and/or working memory processes during this task even though differences in activation do not necessarily surface on the behavioral level.

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Conflict of interest statement All authors report no conflict of interest.

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